



## Cursillo #308: February 26 - March 1, 2015

**Rectora: Evelyn Uppinghouse**

**Theme: "Here I Am, Lord"**

Dear Cursillo Family,

De Colores from the team of Cursillo #308! Our theme is "Here I Am, Lord." We are blessed with a wonderful team of women and men in Christ. It is a joy getting to know the Team and their wonderful God-given talents!

Our theme songs are "Here I Am, Lord!" and "You Are Mine." Our scripture verse is Psalm 138:1, "I will give thanks to You, O Lord, with all my heart...in the presence of the angels, I will sing Your praise." In an Internet article entitled, "Roses and Angels," Whitney Hopler writes, "The intricate and elegant rose offers a glimpse of a masterful Creator's active presence in creation. As this popular flower blossoms, its buds gradually open to reveal blossoms with lovely layers - an illustration of how spiritual wisdom unfolds in people's lives." May the Candidates and Team of #308 grow and blossom, learning of God's love and sharing God's Word!

May I now introduce you to the team of Cursillo #308 :

**Spiritual Director:** Fr. James Wheeler, Quincy, IL (Sacraments, Saturday 10 a.m.);

**Assistant Spiritual Directors:** Msgr. Mike Kuse, Quincy, IL (Grace, Friday 11:15 a.m.); Fr. John Doctor, Quincy, IL (Holy Spirit/Divine Aid, Friday 3:30 p.m.); Deacon Terry Ellerman, Quincy, IL (Obstacles to Grace, Saturday 4:15 p.m.); Sister Jane Wand, Quincy, IL (Christian Life, Sunday 10 a.m.).

**Assistant Rectoras:** Laurie Assell, Monroe City, MO (Action, Saturday 3 p.m.); Kathy Cramsey, Quincy, IL (CCIA, Sunday 11 a.m.); Deb Druffel, Quincy, IL (Ideal, Friday 10 a.m.).

**Rollistas:** Sharon Zehnle, Quincy, IL (Laity, Friday 1:30 p.m.); Alice Schwartz, Palmyra, MO (Piety, Friday 6:45 p.m.); Rhonda Cors, Woodson, IL (Study, Saturday 9 a.m.); Monica Huffman, Jacksonville, IL (Leaders, Saturday 7 p.m.); Mary Lenane, Quincy, IL (Environment, Sunday 9 a.m.)

**Auxiliaries:** Connie Bealor, Mendon, IL; Krista Davis, Camp Point, IL; Sarah Genenbacher, Fowler, IL; Mary Marchal, Highland, IL; Brenda McKinley, Waverly, IL; Kathi Moore, Palmyra, MO; Jeanette Greving, Mary Jo Reed, and Maggie Reis, all of Quincy, IL.

**Service Team:** Ann Gage, Quincy, IL; Shelley Nacke, Bowling Green, MO; Janet Summy, Fowler, IL; Judy Taylor, Wildwood, MO; Carolyn White, Jacksonville, IL.

**Food Service:** Donna Campbell, Lewistown, MO; Marcella Pollman and Jane Runkles, both of Troy, MO.

**Musician:** Judy Meats, Versailles, IL; **Sacristan:** Rosemary Gilmore, Roodhouse, IL; **Board Rep:** Judy Oberman, Bowling Green, MO; **Observing Rectora:** Karen Meehan, Roodhouse, IL; **Rectora:** Evelyn Uppinghouse, Quincy, IL (Group Reunion & Ultreya, Sunday 12 p.m.)

We invite you to the Buddy Mass at 2:00 p.m. on Sunday, February 22, 2015 at Blessed Sacrament Parish, 1119 South 7th Street, Quincy, IL with a carry-in dinner to follow in the school cafeteria. Please bring a covered dish to share. The team will provide the meat.

To help serve meals on the Cursillo #308 weekend, please sign up at the Buddy Mass or call Donna Campbell (217) 617-2068, Marcella Pollman (636) 462-5550, or Jane Runkles (636) 290-6572.

God bless you for all your prayers & Palanca. Thanks for saying, "Here I am Lord!"

Evelyn Uppinghouse, Rectora #308

### Lost and Found

Items often get left behind during a Cursillo weekend. We have a lost and found in our Letter Writing Room, just off the front lobby. Please check there if you are missing some items or want to drop off something you have found.

### UPCOMING EVENTS

#### BUDDY MASS

**Women's Cursillo #308**

Sun. Feb. 22, 2015 at 2:00 p.m.

Blessed Sacrament Church, Quincy, Ill.

Carry-in dinner in cafeteria following Mass

**Men's Cursillo #309**

Sun. March 22, 2015 at 2:00 p.m.

All Saints Church, White Hall, Ill.

Carry-in dinner following Mass

#### ULTREYAS

**Tri-State Area Ultreya**

Friday, March 6, 2015

Quincy University Chapel, Quincy

Begins with Special Mass at 6:30 pm

**Jacksonville Area Ultreya**

Saturday, March 7, 2015

Our Saviour Parish Admin Bldg.

Follows the 4:30 pm Mass

**Collinsville Area Ultreya**

Saturday, March 7, 2015

Sts Peter and Paul Parish Morris Hall

Follows the 4:30 pm Mass

**Martinsburg/Montgomery Co. Ultreya**

Saturday, March 7, 2015

Immaculate Conception, Montgomery City

Follows 5 pm Mass

**Lincoln County Ultreya**

Saturday, March 7, 2015

Sacred Heart Parish, Troy, Mo.

Follows 5 pm Mass

**Shelby County Ultreya**

Saturday, March 7, 2015

Fr. Buhman Center in Shelbina

Follows 5 pm Mass

**Hannibal Area Ultreya**

Saturday, March 21, 2015

Holy Family Parish, Hannibal

St. Michael Hall following 5:30 pm Mass

### Upcoming Cursillo Dates

Mar. 26-29, 2015 - Joe Buttitta, Rector

Apr. 23-26, 2015 - Karen Meehan, Rectora

June 25-28, 2015 - Joe Haubrich, Rector

July 16-19, 2015 - Naomi Egbert, Rectora

Sept. 24-27, 2015 - Tom Holck, Rector

Nov. 5-8, 2015 - Joan Broyles, Rectora

## 4th Day Renewal

When: March 13-14 2015 from 7 pm Fri. to 7 pm Sat.  
Where: Retreat Center-Quincy  
Cost: \$45  
Directors: David and Mary Dodd

4th Day Renewal is a 24-hour experience of personal growth designed for those who have previously made a Cursillo weekend and are wanting to renew and develop their spirituality.

This relaxed, co-ed environment is ideal for singles and for couples that would like to experience a little bit of Cursillo as a couple. Couples will be roomed together but will not be at the same tables.

Download an application or register online at [www.quincycursillo.com](http://www.quincycursillo.com)

Mailed applications can be mailed to:

Dave & Terri May, Reservation Coordinators  
3922 Harbor Lane, Quincy, IL

If you have questions about the 4th Day Renewal, call either Dave & Terri May at 217-224-7027 or Vernon Korte at 573-324-3611.

## Pilgrimage Opportunity

### Destination:

- EWTN Catholic Television Network in Birmingham, AL
- Shrine of the Most Blessed Sacrament in Hanceville, AL
- St. Bernard Abbey and Ave Maria Grotto in Cullman, AL

### Date: April 6-9, 2015

For more information contact Marie Korte at 573-324-8300  
or email: [marie@mkwebconcepts.com](mailto:marie@mkwebconcepts.com)

## New Women's Group Reunion

A new women's Group Reunion is starting in Quincy that will be an open group - meaning you can join at any time. All are welcome - any age, any denomination, any city or town.

The group reunion will meet weekly, starting Thursday, February 12 at 7:30 pm. The location is Holy Cross Friary, 724 North 20th Street, Quincy - in the basement meeting room. Barb Dietrich is the contact person if you have any questions, call her at 217-257-8129.

Group reunions are extremely important to continue the spirit of fellowship found on the Cursillo weekend, giving one another spiritual support and apostolic encouragement. Please consider taking advantage of this opportunity to meet new friends to enrich your faith.

## "Our Fourth Day" Booklet available for purchase

Would you like to know more about the Cursillo movement, recapping the weekend, living your Fourth Day, the purpose and history? A 70-page booklet "Our Fourth Day", published by the National Ultreya Publications, is available for purchase through our local Cursillo.

Bill and Alice Bender has it available at the name tag table in the lobby on Saturday of each Cursillo weekend. Or if you would like to make arrangements to pick up the booklet from them, they can be reached at 217-885-3238 or email: [abb4145@gmail.com](mailto:abb4145@gmail.com).

## Cursillo #307



**Front row, left to right:** David Dodd, Dennis Holbrook, Joe Buttitta, Deacon John Wagner, Greg Wittland, Jeff Shade, Mike Fessler, Jeff Mayfield, Deacon Harry Cramer, Jim Aschemann. **Second row:** Larry Frese, Jeff Haley, Jay Grawe, Kevin Kestler, Kris Steinman, Kevin Ahrens, Samuel Coggeshall, Jeff Fennewald, Fr. John Doctor, OFM., Mike Holbrook, Marcus Donnolly, Chuck Amburg, Christopher Meats, Jared Holbrook, Gary Crawford. **Third row:** Hilbert Henke, Tim Fox, Jim Wagner, Erle Bennett, Pat McMahon, Neal Williams, Ken Becker, Robert Buehne, Josh Stumpe, David Seefeldt, Tom Frazee, Kent Zobrist, Denny Schumacher, Bob Ell, Mike McMahon, Brad Morrison, John Wilcox, Paul Jones. **Fourth row:** Mike Boll, Herb Schwartz, Stuart Medlin, Dennis Litteken, Mike Wittland, Jim Lagemann, Austin Magruder, Ryan Smith, Roger Lipcamon, Steve Welbourne, Tom Urban, Alan Karcher, Nick Steinkamp, Bobby Knight, Bryce Bushmeyer, Michael Crupe, Randy Martin, Jack Holtschtag, Derek Burns. **Fifth row:** Tim Bealor, Russ Rohrer, Ben Reuther, Bill Tyrrell, Brad Vacca, Walt Johnson, Tony Joehl, Fr. John Ossola, Hayden Sievers, Jeff Reid, Tad Genenbacher, Bob Mosinski, Cole Wyble, Brian Hendrian, Mark Welch, Ron Massman, Rick Thomas, Jerry Walters, Drew Joehl.

## Lay Director's Comments

Stewardship is a word that has been heard a lot lately. Many parishes are starting stewardship programs and there seems to be some confusion about what that word means. To many the word means giving money, tithing. But it means more than that and the money aspect is the least important. If you substitute stewardship with the word discipleship the real meaning of the word comes forward. Discipleship calls us to be good stewards in our life. This idea is not new, the Lord has called us to be good stewards in all of scripture starting in Genesis. "The Lord God then took man and settled him in the garden to cultivate and care for it" (Gen. 2:15). Through our Baptism we are called by Jesus Christ to be His disciples, good stewards of the gifts God has given us. Those gifts are our time, talents, and treasures. Do we use our time wisely? Do we use our talents for the good of our families, communities and parish or church? Do we share our treasures with those most in need of help?

Being Disciples of Christ is the message we hear in Cursillo. Where do we spend our time, talent, and treasure? As we start a new year, it is a great opportunity for us to reflect on our discipleship with Christ. Are we using our time, talent and treasure the best way we can?

After serving as Assistant Lay Director for a few years, Ed Holthaus has asked if he could resign his commission. He has been a great help to both Cindy Stephens and myself, and I understand his wanting to step back for a while. However, he will continue to be involved with the Cursillo movement. I have asked, and the Board has approved, Mike Baker to assume the duties as Assistant Lay Director. Please welcome him and be supportive of him as he begins his new assignment.

I thank Ed for all he has done for me and the Cursillo community. He is a faithful and tireless servant of God's, and does many behind the scenes jobs that help make the Cursillo weekends run smoothly. May God Bless him and his family.

DeColores,  
Dennis Steinkamp  
Lay Director

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## Cursillo Name Tags

- Name tags should **not** be ordered until the candidate actually makes the week-end.
- Name tags must be paid for when ordered.
- The name tag committee is available on Saturday night only; table is set up in the lobby.

We have numerous name tags that were ordered and paid for and have not yet been picked up. Please stop by the table and review these and help us deliver them to anyone you might know. Or contact the Name Tag Committee - Bill & Alice Bender at 217-885-3238 or email: [abb4145@gmail.com](mailto:abb4145@gmail.com)

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## Change of Information Form

To help us keep our electronic database of team applications up-to-date, a "change of information" form is available on the Quincy Cursillo website - [www.quincycursillo.com](http://www.quincycursillo.com). Use this form to let us know when you change phone numbers, mailing address, etc. When a "change of information" form is submitted, the information will be updated in the team application database, as well as in the newsletter database.

Please keep in mind that if you want to be called to serve on a team or to continue receiving the newsletter, you need to keep your information up-to-date. If you want to check to see if your information is correct, contact the application committee at 217-224-2322.

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## Walk to Emmaus

Women's #6: February 19-22, 2015

Great River Walk to Emmaus program is the Protestant version of Cursillo. Cursillistas are welcome to participate in the Walk and Walk Pilgrims are welcome to participate in Cursillo.

Learn more at [www.greatriveremmaus.org](http://www.greatriveremmaus.org)

## BOARD OF DIRECTORS AND COMMITTEES

Next Board Meeting  
February 12, 2015 at 7 p.m.  
Retreat Center Conference Room

### LAY DIRECTOR

Dennis Steinkamp 217-224-5665  
[dmsteinkamp@sbcglobal.net](mailto:dmsteinkamp@sbcglobal.net)

### ASSISTANT LAY DIRECTOR

Mike Baker 217-223-2324  
[mgrekab7@att.net](mailto:mgrekab7@att.net)

### SPIRITUAL DIRECTOR

Fr. John Doctor, OFM

### BOARD MEMBERS

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Nancy Weede 217-223-9610  
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### TEAM APPLICATIONS

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[choyt@comcast.net](mailto:choyt@comcast.net)

### CANDIDATE APPLICATIONS

[quincycursillonfp@gmail.com](mailto:quincycursillonfp@gmail.com)

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[abb4145@gmail.com](mailto:abb4145@gmail.com)

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**Cursillo in Christianity**  
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Highland, IL 62249-1765

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**RETURN SERVICE REQUESTED**

For updates on Cursillo news  
check the website at:  
[www.quincycursillo.com](http://www.quincycursillo.com)  
and "Like Us" on Facebook.

## Discovering and Celebrating

by Terri May

Last night I told David when I went downstairs to practice my Tai Chi, an oriental form of slow exercise, that if he heard a clunk it was me falling over from moving so slow! I will never be perfect enough that I will be able to teach it but that is not my goal. It is to strengthen my core muscles to help my lower back problems. Lisa McLeod in one of her columns in the paper had an article titled, "Purpose vs. Perfection: Why one makes you happy and the other makes you miserable". She states: "When you don't have a larger purpose, it's difficult to prioritize. You feel like you have to do everything perfectly. So before you know it, your life becomes a series of meaningless to-do's."

Twenty-five years ago at Cursillo I heard the message that has been setting me free ever since - THAT I DID NOT HAVE TO BE PERFECT FOR GOD TO LOVE ME or for that matter for me to love Him and do good things for Him, my neighbor or myself. With the larger purpose to know, love and serve God, it didn't matter if I was not a perfect wife, mother, friend, writer, speaker, artist, singer, snow angel maker or Tai Chi master. I just have to do it with much love and gusto for Him. I am still learning but I can see that I am moving forward little steps and sometimes SLOW steps at a time and that's okay.

I get these wonderful short daily meditations from the Henri Nouwen Society. One was titled Be Yourself. It quoted Cor.12:17 "If the whole body were an eye, where would the sense of hearing be? If the whole body were an ear, where would the sense of smell be?" It goes on to say that "We tend to

compare ourselves constantly with others and wonder why we are not as rich, as intelligent, as simple, as generous, or as saintly as they are. Such comparisons make us feel guilty, ashamed, or jealous...We are good enough to do what we are called to do. Be yourself!"

There is a 80 some year old widowed lady down the street who walks a couple miles a day , She has two artificial hips, a replaced knee and a fused disc in her back but she isn't trying to be a marathon runner, although, I guess, there are some of those in that age category. Her purpose is to stay independent and in her own home. She is always laughing about something she has done when I stop to talk with her which is another thing I like about her. She recognizes her imperfections but it does not stop her from moving forward - literally!

I found this quote in my little idea basket. It is from The Spirit Keeper by K.B. Laugheed and goes like this: "Life is not perfect anywhere. People are not perfect. But my people do not seek perfection. We strive for balance. We enjoy life as we find it, the good and the bad. We are grateful for all." It is an imperfect life but that is why we are drawn to the Light of God's Perfection. When I focus on the Lord's perfection I allow Him to work through my imperfections which bring balance and purpose to my life and peace. Kathy Troccoli's words in one of her songs sums it up well: "All is well, You are Lord and all is well. You are Hope for my heart and a Peace beyond myself. You are Lord and all is well."

Much love,  
Terri May